

Megan E. Taylor, ND
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megantaylornd.com

Profile

Dr. Taylor is a Naturopathic Physician, trained in primary care, with a practice focused on naturopathic and functional gastroenterology, allergies, and autoimmune disease in children and adults. Dr. Taylor has experience teaching basic sciences (medical biochemistry, anatomy and physiology) and advanced topics in gastroenterology diagnosis, treatment, and management in graduate level health sciences. Dr. Taylor is directly involved in curriculum development and course organization for lecture-based and small class/flipped classroom environments. Additionally, Dr. Taylor is a strong speaker and educator, often invited to speak at national conferences on topics pertaining to naturopathic and functional approaches to digestive health.

Education

Doctorate, Naturopathic Medicine, Graduated with Honors, June 2015

National College of Natural Medicine, Portland, Oregon, 2011-2015

Completed required coursework and clinical rotations for accredited doctorate program. Received extensive training in botanical, physical, homeopathic, and nutritional medicine, as well as conventional therapies. Additional elective education in gastroenterology, hepatology, gut immunology, rheumatology, gynecology, transgender healthcare, clinical pharmacology, vaccinations, and cardiopulmonary testing. Focused clinical experience in cardiology, gastroenterology, rheumatology, and endocrinology.

Bachelor of Arts, Environmental Studies, Graduated Summa Cum Laude, May 2007

Lewis and Clark College, Portland, Oregon, 2004-2007

Concentration in Landscape Biology. Graduated with Departmental Honors. Trustee Scholar 2004-2007. Dean's Honor Roll 2005-2007. Nominee for Association of University Women Senior Women Recognition Award.

Related Experience

Bastyr University, Kenmore, Washington, December 2019 - *present*

Adjunct Faculty

- Primary faculty for Digestive Therapeutics (NM7360), a 3rd year course, focusing on management and therapeutics for major gastrointestinal diagnoses
- Curriculum development and delivery of 11 week course with weekly lectures combining in-person and pre-recorded lecture content
- Leading small classroom discussion and flipped classroom activities to facilitate active student learning

Health Union, irritablebowelsyndrome.net, July 2019 - *present*

Author & contributor

- Online contributor of short written articles, interviews, and instructional videos geared toward the lay audience

West Seattle Natural Medicine Clinic, Seattle, Washington, November 2017- *present*

Physician

- Provides primary care services for patients locally, and as well as GI-speciality focused practice for patients locally and across the country

Megan Taylor ND, PLLC, various locations & online, October 2015 - *present*

Health Educator

- Provides educational health consultations to clients regarding their own digestive health diagnoses via online platform
- Provides case consultation to physicians looking for mentorship in functional and naturopathic approaches to GI health

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- Lectures at national conferences on topics related to GI health

National University of Natural Medicine, Portland, Oregon, Oct 2015-2017

Adjunct Faculty

- Course organizer for NPLEX I Board Review course for 2nd year students covering all basic science concepts. Develop syllabus and coordinate 4-7 additional faculty members to provide comprehensive review.
- Curriculum development and delivery of 3-day Biochemistry Review, and biweekly lectures covering complex and high yield concepts in physiology. Lecturing to 80+ students.
- Curriculum development and delivery of gastroenterology-focused case-based tutorial courses for 12-14 students.

8 Hearts Health & Wellness/National University of Natural Medicine, Portland, Oregon, Oct 2016-Sept 2017

Second-year Resident (PGY-2)

- Private patient care with a focus in naturopathic gastroenterology and primary care.
- Direct mentoring with Steven Sandberg-Lewis, ND in naturopathic gastroenterology.
- Attending physician and resident physician for student clinical rotations in naturopathic gastroenterology. Facilitated student learning and provides constructive feedback and evaluation.
- Observation rotations with conventional gastroenterologists and colorectal surgeons.

National College of Natural Medicine, Portland, Oregon, Oct 2015-Sept 2016

First-year Resident (PGY-1)

- Assisted in primary care and specialty clinical rotations. Provides patient care and necessary follow-up. Facilitates student learning and provides constructive feedback and evaluation.
- Assisted in Clinical Physical Diagnosis and Gynecology labs.
- Focused clinical experience in gastroenterology, primary care in low-income settings, and gender-affirming medical care.

Private employment by Allison Siebecker, ND, Portland, Oregon, 2014-2016

Medical Research and Referencing

- Medical research and referencing on topics related to Small Intestine Bacterial Overgrowth (SIBO)

Self-employment, Portland, Oregon, 2013-2015

Teacher and Private Tutor

- Offered private one-on-one and small group tutoring for basic sciences, including biochemistry, anatomy and physiology, and pathology
- Coordinated and taught a three-day review course in biochemistry.
- Developed, compiled, and updated review materials for 100+ page biochemistry study packet.
- Delivered material to up to 50 students via lecture, question and answer, and small-group activities, with use of visual aids.

National College of Natural Medicine, Portland, Oregon, 2011-2015

Tutor, Teaching Assistant, and Grader

- Work-study tutor of physiology, biochemistry, and anatomy for individuals and groups of five to 40 students.
- Teaching assistant for anatomy (cadaver) lab and palpation. Answered student questions and provided feedback. Evaluated performance on exams.
- Grader for clinical physical diagnosis lecture – short answer and essay-based quizzes and final exams.

Parametrix, Inc. Portland, Oregon, 2007-2010

Environmental Planner

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- Environmental team coordinator on Columbia River Crossing Project to replace I-5 bridge and extend light rail into Vancouver, Washington.
- Coordinated a multi-disciplinary team in a complex and fast-paced work environment to produce the environmental documentation needed to achieve federal funding.

Additional Relevant Information

Professional Conference Presentations:

- “Treating SIBO in Pediatric Patients”, **2016 SIBO Symposium**, National University of Natural Medicine, Portland, Oregon, June 5, 2016. Presented with Allison Siebecker, ND.
- “Upper GI Anatomical Variants” and “Pharmaceuticals that Impact GI Motility”, **GI Motility and SIBO Bootcamp, AANP Annual Conference 2016**, Snowbird, Utah, July 27, 2016. Presented with Steven Sandberg-Lewis, ND, Allison Siebecker, ND, and Larry Wurm, LMT
- “Exploring the intersection between eating disorders & SIBO”, **2018 SIBO Symposium**, National University of Natural Medicine, Portland, Oregon, June 2018.
- “Visceral Hypersensitivity: A key condition in understanding chronic GI patients”, **Gastroenterology Conference**, National University of Natural Medicine, Portland, Oregon, October 2018.
- “A multi-pronged approach to SIBO Management - diet, botanicals, and supportive therapies: A case review”, **2019 SIBO Symposium**, Portland, Oregon, March 2019.
- “Microbial implications in the pathogenesis and management of visceral hypersensitivity”, **2019 SIBO CON**, Seattle, WA, April 2019.
- ““Colitis” in Naturopathic Primary Care: What you need to know about ulcerative colitis, crohn’s disease, and microscopic colitis”, **Washington State Association of Naturopathic Physicians**, Annual conference, Lynnwood, WA, October 2019.

Additional Training:

- **New England School of Homeopathy**, 10 weekend training, Portland, OR, January 2018 - May 2019
- **Mindfulness-Based Counseling**, Attachment Module #5, Mindful and Experiential Therapy Approaches (META), Portland, Oregon, 2013.
- **Visceral Manipulation**, Training 1: Abdomen, The Barral Institute, Sponsored by the International Alliance of Healthcare Educators, Portland, Oregon, June 9-12, 2016.
- **Bach Flower Essences**, Level One training, Bach International Education Programme, Portland, Oregon, April 27-28, 2013, John Frieden, BFRP
- **Introduction to UNDA Numbered Compounds** and Biotherapeutic Drainage, National College of Natural Medicine, Portland, Oregon, April 20, 2013, Rebecca Asmar, ND

Awards:

- **Exceptional Alumni Award**, Making a Difference Awards, National College of Natural Medicine, Portland, Oregon, June 2016
- **Helping Hand Award**, Making a Difference Awards, National College of Natural Medicine, Portland, Oregon, June 2015
- **NCNM Admissions Scholarship**, National College of Natural Medicine, Portland, Oregon, January 2011

Professional Memberships:

- Washington Association of Naturopathic Physicians, Member, 2018-*present*
- National Academy of Primary Care Physicians, Member, 2018-*present*
- Gastroenterology Association of Naturopathic Physicians, Member, 2015-*present*
- Oregon Association of Naturopathic Physicians, Member, 2012-2018
- American Association of Naturopathic Physicians, Member, 2012-*present*
- Naturopathic Medical Student Association, Student Member, 2011-2015

Group Involvement:

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- Gastroenterology Association of Naturopathic Physicians, Vice President & CE Subcommittee Chair,
Annual conference co-organizer, 2017-2019